
Reflexology

reflexology | taking charge of your health & wellbeing - reflexology is the application of appropriate pressure to specific points and areas on the feet, hands, or ears. reflexologists believe that these reflex points correspond to different body organs and systems, and that pressing them creates real benefits for the person's health. **what is reflexology? - mayo clinic** - reflexology is the application of pressure to areas on the feet (or the hands). reflexology is generally relaxing and may help alleviate stress. the theory behind reflexology is that areas of the foot correspond to organs and systems of the body. **reflexology foot chart pdf** - o hypophysis (pituitary) 1 head 2 frontal sinuses 3 brainstem, cerebellum 4 epiphysis 5 temple, trigeminal 6 nose 7 nape 8 eyes 9 ears 10 shoulder **client intake form - reflexology** - 5. reflexology is not a substitute for medical treatment, but is a complement to most types of therapy. what is reflexology? reflexology is an ancient, manual technique based upon the concept that the entire body is reflected as a system of reflexes on the feet (hands and ears as well). by pressing on these reflexes with fingers, one is **chinese reflexology points for the soles** - discover the most powerful reflexology points in my bestselling book, sole guidance: ancient secrets of chinese reflexology to heal the body, mind, heart, and spirit. learn how to use chinese reflexology and the mind body connection to improve your health and well-being. sole guidance is available worldwide and published by hay house. **July 14, 2004 it's free - modern institute of reflexology** - program which will give reflexology its own identity: cip 51.9999. the u.s. de-partment of labor issued this number to the international institute of advanced reflexology in 1997, but it failed to evolve in the new 2000 catalogue with its own identity. mir has joined with dr. lorraine telepo to help this happen. **principles of reflexology and how it can help you...** - principles of reflexology and how it can help you... reflexology is a science based on the principle that reflexes, or areas, in the feet and hands relate to the internal organs and other structures of the body. the unusually large number of nerve endings in the feet are linked to these various parts of the body. **history and theory of hand reflexology** - n201 - hand reflexology course - history and theory of hand reflexology chapter 1 - page 3 theory of reflexology h and reflexology hand reflexology shares the same theory and benefits as foot reflexology in the n101 foot reflexology course. w hat is reflexology? reflexology is a focussed pressure technique, usually directed at the feet or hands. it **hand reflexology and session records** - hand reflexology health and session records as part of the certification process for becoming a certified hand reflexologist, the student must complete the following practicum procedures as part of the course requirements. **reflexology client intake form - lederachchiro** - reflexology massage acupuncture chiropractic if so, when and how often? what is your primary goal (s) for your reflexology treatment(s)? all listed boost immune system overall relaxation circulation/lymphatic issues improved sleep preventative wellness stress reduction other ____ **seattle reflexology & massage center 600 n. 36th st. suite ...** - seattle reflexology & massage center 600 n. 36th st. suite 327 seattle, wa 98103 seattle-reflexology 206-284-8389 2019 classes: class list class fees reflect prices when deposit is paid before/after early bird deadline **reflexology therapy waiver and consent form - vortala** - reflexology/energy work waiver and consent form thank you for choosing natural wellness centre for your reflexology/energy work therapy! it is our goal to provide you the most therapeutic experience possible. please answer the questions below so that we can thoroughly address your needs. rest assured that your information is confidential.

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